

GAINESVILLE CITY ELEMENTARY MENU

DECEMBER 2018

December is
National
Pear Month!



Adult Breakfast: \$2.00
Adult Lunch: \$3.50
All Students Eat at No Cost
Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.

*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cereal Bar & Cheese Cubes Cereal Choices Fruit Juice 4oz Banana 1 ea	Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c	Mini Waffles <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c	Steak Biscuit Cereal Choices Fresh Fruit 1 ea Pineapple 1/2c	French Toast Sticks <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Steamed Squash 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup	Cheese Pizza PBJ & Chips Steamed Broccoli 1/2c Corn 1/2c Celery Sticks 1/2c Mandarin Oranges 1/2c	Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c	Chicken Nachos <i>Sour Cream & Salsa</i> PBJ & Cheese Stick Black Beans 1/2c Corn 1/2c Carrot Sticks 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Hamburger Veggie Burger Baked Beans 1/2c Jumbo Tots 2ea Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea Yogurt
10	11	12	13	14
Breakfast Bun Cereal Choices Fruit Juice 4oz Banana 1 ea	Mini Pancakes <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c	Belvita & Yogurt Cereal Choices Fresh Fruit 1ea Applesauce Cup	Mini Cinnis Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Asian Chicken Nuggets Munchable Mixed Veggies 1/2c Carrots or Celery 1 bag Oriental Salad 1c Mandarin Oranges 1/2c	Pepperoni Pizza PBJ & Cheese Stick Cheesy Broccoli 1/2c Corn 1/2c Italian Salad 1c Pineapple 1/2c	Beef Chili & Garlic Bread <i>with sour cream & cheese</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c	Chicken Sandwich PBJ & Chips Potato Smiles 6ea Carrot Sticks 1/2c Romaine Salad 1c Italian 1oz Fruit Juice 4oz	Corndog Grilled Cheese & Yogurt Baked Beans 1/2c Tater Tots 8ea Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Whole Grain Dessert
17	18	19	20 Lunch-to-Go	21
Poptart & Cheese Stick Cereal Choices Chilled Fruit 1/2c Banana 1ea	Chicken Biscuit Cereal Choices Chilled Fruit 1/2c Fresh Fruit 1ea	Mini French Toast <i>with Syrup</i> Cereal Choices Chilled or Fresh Fruit 1/2c Fruit Juice 4oz	Manager's Choice Breakfast Cereal Choices Chilled or Fresh Fruit 1/2c Fruit Juice 4oz	Holiday
Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Pinto Beans 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup	Cheesy French Bread <i>Marinara Dunk Cup</i> PBJ & Chips Steamed Broccoli 1/2c Glazed Carrots or Carrot Sticks 1/2c Italian Salad 1c Mandarin Oranges 1/2c	Breaded Chicken Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Peaches 1/2c Whole Grain Dessert	PB&J Sandwich Soybutter Sandwich Includes: Cheese Stick Tortilla Chips & Salsa Veggie Juice 4oz Fruit Cup 1ea	

Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

Q: What do snowmen eat for breakfast?

A: Frosted Flakes



*Munchable contains RF cheese cubes, sunflower seeds, crackers, & munchie mix
This institution is an equal opportunity provider.

