


GAINESVILLE CITY SCHOOLS

Elementary January 2017



Adult Breakfast: \$1.50
 Adult Lunch: \$2.75
 All Students Eat at No Cost
 Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
 *Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Breakfast Pizza Cereal with Grahams Cereal & Cereal Fruit Juice Box 4oz Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Muffin Top and Yogurt Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Maple Jammer & Sausage Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
	Cheeseburger PBJ & Cheese Puffs Baked Beans 1/2c French Fries 1/2c Mixed Veggies 1/2c Fruit Juice 4oz	Spaghetti with 1oz Roll Grilled Cheese & Yogurt Cheesy Broccoli 1/2c Baked Sweet Potatoes or Soufflé 2/3c Italian Salad 1c Applesauce 1/2c	Chicken Nachos & Sour Cream Salsa Dunk Cup PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce/Tomato 1c Fresh Fruit 1 ea	Fish 'n' Fries - Roll Grilled Cheese & Yogurt Green Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Mandarin Oranges 1/2c
9	10	11	12	13
French Toast Sticks & Syrup Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	Mini Pancakes Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Tropical Fruit 1/2c	Ham Biscuit Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Pears 1/2c	Dutch Waffle Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Spiced Apples 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Strawberries 1/2c
Chicken Nuggets (5) and 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Collard Greens 1/2c Peaches 1/2c	Stuffed Mozzarella Breadsticks Marinara Dunk Cup PBJ & Popchips Corn on the cob 1/2c Zesty Spinach & Kale 1/2c Farmer's Garden Salad 1c Ranch 1oz Fruit Juice Slushy	Corndog Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Carrot sticks 1/2c Crispy Romaine Salad 1c Ranch 1oz Applesauce 1/2c	Pepperoni Pizza PBJ & Cheese Stick Steamed Broccoli 1/2c Corn 1/2c Tossed Salad 1c Italian 1oz Fresh McIntosh Apple <i>This apple was selected by Ms. McConnell's Enota class!</i>	Chicken Drumstick – 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Spinach & Arugula Salad 1c Ranch 1oz Pineapple Tidbits 1/2c Whole grain dessert
16	17	18	19	20
	Mini French Toast Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Turkey Bacon Breakfast Boat Cereal with Grahams Cereal & Cereal Fresh Orange 1 ea Sliced Apples 1/2c	Poptart and Cheese Stick Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
	Cheeseburger PBJ & Cheese Stick Baked Beans 2/3c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Fruit Juice 4oz	Beefy Chili and 2oz Roll Grilled Cheese & Yogurt Cheesy Broccoli 1/2c Veggie Dippers 1/2c Crispy Romaine Salad 1c Italian 1oz Applesauce 1/2c	Crunchy Chicken Taco & Sour Cream Salsa Dunk Cup PBJ & Cheese Stick Corn 1/2c Pinto Beans 1/2c Lettuce/Tomato 1c Fresh Fruit 1 ea	Chicken Sandwich Cheese Plate* Steamed Broccoli 1/2c Potato Smiles 6ea Carrot Sticks 1/2c Lettuce & Tomato 1c Mandarin Oranges 1/2c

This institution is an equal opportunity provider.
 *Cheese Plate contains RF cheese cubes, soft pretzel, soy butter, crackers & apple slices.



23	24	25	26	27
Eggo Mini Waffles Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	French Toast Sticks & Syrup Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Tropical Fruit 1/2c	Turkey Sausage Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Muffin and Yogurt Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Chicken Nuggets (5) and 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Steamed Broccoli 1/2c Peaches 1/2c	Pizza Calzone Marinara Dunk Cup PBJ & Cheese Puffs Corn on the cob 1/2c Zesty Spinach & Kale 1/2c Farmer's Garden Salad 1c Ranch 1oz Fruit Juice 4oz	Hotdog and Cheese Puffs Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 2/3c Carrot sticks 1/2c Crispy Romaine Salad 1c Ranch 1oz Applesauce 1/2c	Cheese Pizza PBJ & Popchips Steamed Broccoli 1/2c Corn 1/2c Tossed Salad 1c Italian 1oz Fresh Fruit 1 ea	Cheeseburger PBJ & Cheese Puffs Baked Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Pineapple Tidbits 1/2c
30	31 Lunch-to-Go 	1	2	3
Breakfast Bun Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea 	Breakfast Pizza Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Muffin Top and Yogurt Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Maple Jammer & Sausage Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Chicken Sandwich Cheese Plate* Steamed Broccoli 1/2c Potato Smiles 6ea Carrot Sticks 1/2c Lettuce & Tomato 1c Peaches 1/2c	PBJ w/ Cheese Stick Lunch OR Soy Butter & Jelly w/ Cheese Stick Lunch Includes: Salsa Dunk Cup Tortilla Chips Veggie Juice 4oz Apple Sauce 1/2c	Spaghetti with 1oz Roll Grilled Cheese & Yogurt Cheesy Broccoli 1/2c Baked Sweet Potatoes or Soufflé 2/3c Italian Salad 1c Fruit Juice 4oz	Chicken Nachos & Sour Cream Salsa Dunk Cup PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce/Tomato 1c Fresh Fruit 1 ea	Fish 'n' Fries - Roll Grilled Cheese & Yogurt Green Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Mandarin Oranges 1/2c

Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.



Georgia produce in season for the month of January:

- Collard Greens
- Turnip Greens
- Carrots

This institution is an equal opportunity provider.

*Cheese Plate contains RF cheese cubes, soft pretzel, soy butter, crackers & apple slices.

