

# GAINESVILLE CITY ELEMENTARY SCHOOL MENU

Adult Breakfast: \$2.00  
 Adult Lunch: \$3.50  
 Students Eat at No Cost  
 Extra milk is \$0.35

## MARCH 2019



Assorted fat-free or low-fat milk is offered at breakfast & lunch.  
 \*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	1
 <h1 style="color: red; font-family: cursive;">NSBW 2019</h1> <h2 style="color: blue; font-family: bold;">START YOUR ENGINES!</h2> 				Dutch Waffle Cereal Choices Fruit Juice 4oz Spiced Apples 2/3c
4	5	6 National Cereal Day	7	8
Muffin & Yogurt Cereal Choices Fruit Juice 4oz Banana 1 ea 	 French Toast Sticks <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c 	 Mini Bagels Cereal Choices Fresh Fruit 1 ea Applesauce Cup	Breakfast Pizza Cereal Choices Fruit Juice 4oz Strawberries 1/2c  <b>SCHOOL BREAKFAST IT'S A WINNER!</b>
Asian Chicken Nuggets Grilled Cheese & Yogurt Fried Rice Carrot Sticks 1/2c Oriental Salad 1c Mandarin Oranges 1/2c	Pepperoni Hot Pocket <i>Marinara Dunk Cup</i> PBJ & Chips Parmesan Broccoli 1/2c Corn 1/2c Italian Salad 1c Pineapple 1/2c	Mac and Cheese <i>with Garlic Bread</i> Munchable Green Beans 1/2c Cherry Tomatoes 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c	Chicken Nachos Sour Cream & Salsa PBJ & Cheese Stick Black Beans 1/2c Corn 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Hotdog Fish Sandwich Coleslaw 1/2c Baked Beans 1/2c Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Whole Grain Chips
11	12 One Lunch Choice	13	14	15
Cereal Bar & Cheese Cubes Cereal Choices Fruit Juice 4oz Banana 1 ea	Steak Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c	Pancake-Sausage Stick <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c	Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Mandarin Oranges 1/2c	<b>Student Holiday</b>
Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Steamed Squash 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup	 <b>Domino's Pizza!</b> Corn 1/2c Parmesan Broccoli 1/2c Carrot Sticks 1/2c Italian Salad 1c Pineapple 1/2c	Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c	Beefy Nachos Sour Cream & Salsa PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Carrot Sticks 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	
18	19	20	21	22
Breakfast Bun Cereal Choices Fruit Juice 4oz Banana 1 ea	Mini Pancakes <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c	Belvita & Yogurt Cereal Choices Fresh Fruit 1ea Applesauce Cup	Mini Cinnis Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Asian Chicken Nuggets Grilled Cheese & Yogurt Fried Rice Carrots or Celery 1 bag Oriental Salad 1c Mandarin Oranges 1/2c	Pepperoni Pizza PBJ & Cheese Stick Cheesy Broccoli 1/2c Corn 1/2c Italian Salad 1c Pineapple 1/2c	Spaghetti & Meat Sauce <i>with Garlic Bread</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c	Chicken Sandwich PBJ & Chips Potato Smiles 6ea Carrot Sticks 1/2c Romaine Salad 1c Italian 1oz Fruit Juice 4oz	Corndog Fish Sandwich Baked Beans 1/2c Tater Tots 8ea Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Yogurt

25	26	27	28	29 <b>Lunch-to-Go</b>
Poptart & Cheese Stick Cereal Choices Fruit Juice 4oz Banana 1 ea	Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c	Mini French Toast <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c	Ham Biscuit Cereal Choices Fresh Fruit 1ea Pineapple 1/2c	Dutch Waffle Cereal Choices Fruit Juice 4oz Spiced Apples 2/3c
Chicken Nuggets (5) <i>with 1oz Roll</i> Munchable Steamed Broccoli 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup	Cheesy French Bread <i>Marinara Dunk Cup</i> PB&J & Chips Corn 1/2c Carrot Sticks 1/2c Caesar Salad 1c Mandarin Oranges 1/2c	Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c	Cheeseburger Veggie Burger Baked Beans 1/2c Coleslaw 1/2c Oven Fries 1/2c Fruit Juice 4oz Whole Grain Dessert	PB&J Sandwich Soybutter Sandwich <b>Includes:</b> Cheese Stick Tortilla Chips <i>Salsa Dunk Cup</i> Veggie Juice 4oz Fruit Cup 1/2c

Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let you child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

\*Munchable contains RF cheese cubes, sunflower seeds, crackers, & munchie mix

