

GAINESVILLE CITY ELEMENTARY MENU

NOVEMBER 2018



Adult Breakfast: \$2.00
 Adult Lunch: \$3.50
 All Students Eat at No Cost
 Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.

*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday		Tuesday		Wednesday		Thursday		Friday	
1	2	3	4	5	6	7	8	9	10
					Steak Biscuit Cereal Choices Fresh Fruit 1 ea Pineapple 1/2c		French Toast Sticks <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Strawberries 1/2c		
					Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c		Hamburger Veggie Burger Baked Beans 1/2c Jumbo Tots 2ea Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea Yogurt Choice		
5	6	7	8	9	10	11	12	13	14
Breakfast Bun Cereal Choices Fruit Juice 4oz Banana 1 ea		Mini Pancakes <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c		Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c		Mini Cinnis Cereal Choices Fresh Fruit 1ea Sliced Apples 1/2c		Bacon, Egg, & Cheese Stuffed Breadstick Cereal Choices Fruit Juice 4oz Strawberries 1/2c	
Asian Chicken Nuggets Munchable Mixed Veggies 1/2c Carrots or Celery 1 bag Oriental Salad 1c Mandarin Oranges 1/2c		Pepperoni Pizza PBJ & Cheese Stick Cheesy Broccoli 1/2c Corn 1/2c Italian Salad 1c Pineapple 1/2c		Beef Chili & Garlic Bread <i>with sour cream & cheese</i> Grilled Cheese & Yogurt Green Beans 1/2c Sweet Potatoes 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c		Chicken Sandwich PBJ & Chips Potato Smiles 6ea Carrot Sticks 1/2c Romaine Salad 1c Italian 1oz Fruit Juice 4oz		Corndog Munchable Baked Beans 1/2c Tater Tots 8ea Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Whole Grain Dessert	
12	13	14	15	16	17	18	19	20	21
Poptart & Cheese Stick Cereal Choices Fruit Juice 4oz Banana 1 ea		Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c		Mini Waffles <i>with Syrup</i> Cereal Choices Fresh Fruit 1ea Pears 1/2c		Ham Biscuit Cereal Choices Fruit Juice 4oz Pineapple 1/2c		Dutch Waffle Cereal Choices Fruit Juice 4oz Spiced Apples 2/3c	
Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Steamed Squash 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup		Cheesy French Bread <i>Marinara Dunk Cup</i> PBJ & Chips Steamed Broccoli 1/2c Carrot Sticks 1/2c Caesar Salad 1c Mandarin Oranges 1/2c		Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c		Crunchy Chicken Tacos Sour Cream & Salsa PBJ & Cheese Stick Corn 1/2c Pinto Beans 1/2c Lettuce & Tomato 1c Fruit Juice 4oz		Cheeseburger Veggie Burger Baked Beans 1/2c Oven Fries 1/2c Chilled Fruit 1/2c Harvest Cookie	
26	27	28	29	30	31	1	2	3	4
Mini Bagels Cereal Choices Fruit Juice 4oz Chilled Fruit 1/2c		Pancake-Sausage Stick <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c		Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c		Muffin and Yogurt Cereal Choices Fresh Fruit 1 ea Sliced Apples 1/2c		Breakfast Pizza Cereal Choices Fruit Juice 4oz Strawberries 1/2c	
Chicken Sandwich Munchable Green Beans 1/2c Potato Smiles 6ea Veggie Juice 1/2c Applesauce Cup		Beefy Nachos Sour Cream & Salsa PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce & Tomato 1c Fruit Juice 4oz		Mac and Cheese with Garlic Bread Munchable Sweet Potatoes 1/2c Collard Greens 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c		Hotdog & Chips Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea		PB&J Sandwich Soybutter Sandwich Includes: Cheese Stick Carrots 1/2c Veggie Juice 4oz Fruit Cup 1/2c Whole Grain Dessert	

This institution is an equal opportunity provider.

*Munchable contains RF cheese cubes, sunflower seeds, crackers, & munchie mix



Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let you child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

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