

GAINESVILLE CITY ELEMENTARY MENU

SEPTEMBER 2018

**National
Chicken
Month**



Adult Breakfast: \$2.00
Adult Lunch: \$3.50
All Students Eat at No Cost
Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.

*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
3 Holiday	4	5	6	7
<p><i>What do you get when you cross a potato with an elephant?</i></p>  <p>Mashed Potatoes!</p>	<p>Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c</p> <hr/> <p>Cheese Pizza PBJ & Chips Steamed Broccoli 1/2c Corn 1/2c Sliced Cucumbers 1/2c Mandarin Oranges 1/2c</p>	<p>Mini Waffles <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c</p> <hr/> <p>Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c</p>	<p>Cereal Bar & Cheese Cubes Cereal Choices Fresh Fruit 1 ea Sliced Apples 1/2c</p> <hr/> <p>Chicken Nachos <i>Sour Cream & Salsa</i> PBJ & Cheese Stick Corn 1/2c Carrot Sticks 1/2c Lettuce & Tomato 1c Fruit Juice 4oz</p>	<p>French Toast Sticks <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Strawberries 1/2c</p> <hr/> <p>Hamburger Grilled Cheese & Yogurt Baked Beans 1/2c Jumbo Tots 2ea Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea Whole Grain Dessert</p>
10	11	12	13 National Peanut Day	14
<p>Breakfast Bun Cereal Choices Fruit Juice 4oz Banana 1 ea</p>	<p>Mini Pancakes <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c</p>	<p>Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c</p>	<p>Cinnamon Roll Cereal Choices Fresh Fruit 1ea Sliced Apples 1/2c</p>	<p>Bacon, Egg, & Cheese Stuffed Breadstick Cereal Choices Fruit Juice 4oz Strawberries 1/2c</p>
<p>Asian Chicken Nuggets Grilled Cheese & Yogurt Mixed Veggies 1/2c Carrots or Celery 1 bag Oriental Salad 1c Mandarin Oranges 1/2c</p>	<p>Pepperoni Pizza PBJ & Cheese Stick Cheesy Broccoli 1/2c Corn 1/2c Italian Salad 1c Pineapple 1/2c</p>	<p>Spaghetti & Meat Sauce <i>Garlic Bread</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c</p>	<p>Chicken Sandwich PBJ & Chips Potato Smiles 6ea Carrot Sticks 1/2c Romaine Salad 1c Italian 1oz Fruit Juice 4oz</p>	<p>Corndog Grilled Cheese & Yogurt Baked Beans 1/2c Tater Tots 8ea Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Whole Grain Dessert</p>
17	18	19	20	21
<p>Poptart & Cheese Stick Cereal Choices Fruit Juice 4oz Banana 1 ea</p>	<p>Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c</p>	<p>Mini Waffles <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c</p>	<p>Ham Biscuit Cereal Choices Fresh Fruit 1ea Pineapple 1/2c</p>	<p>Dutch Waffle Cereal Choices Spiced Apples 2/3c Fruit Juice 4oz</p>
<p>Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Green Peas 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup</p>	<p>Hotdog & Chips PBJ & Chips Coleslaw 1/2c Baked Beans 1/2c Fancy Greens Salad 1c Ranch 1oz Mandarin Oranges 1/2c</p>	<p>Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c</p>	<p>Crunchy Chicken Tacos <i>Sour Cream & Salsa</i> PBJ & Cheese Stick Corn 1/2c Pinto Beans 1/2c Carrot Sticks 1/2c Fruit Juice 4oz</p>	<p>Cheeseburger Grilled Cheese & Yogurt Baked Beans 1/2c Oven Fries 1/2c Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea Whole Grain Dessert</p>
24	25	26	27	28
<p>Muffin & Yogurt Cereal Choices Fruit Juice 4oz Banana 1 ea</p>	<p>Pancake-Sausage Stick <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c</p>	<p>Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c</p>	<p>Mini Bagels Cereal Choices Fresh Fruit 1 ea Sliced Apples 1/2c</p>	<p>Breakfast Pizza Cereal Choices Fruit Juice 4oz Strawberries 1/2c</p>
<p>Chicken Sandwich Grilled Cheese & Yogurt Potato Smiles 6ea Green Beans 1/2c Romaine Salad 1c Italian 1oz Applesauce Cup</p>	<p>Pepperoni Hot Pocket PBJ & Chips Marinara Dunk Cup Parmesan Broccoli 1/2c Carrot Sticks 1/2c Italian Salad 1c Pineapple 1/2c</p>	<p>Mac and Cheese <i>with Garlic Toast</i> Munchable Pinto Beans 1/2c Collard Greens 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c</p>	<p>Beefy Nachos <i>Sour Cream & Salsa</i> PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce & Tomato 1c Fruit Juice 4oz</p>	<p>PBJ & Cheese Stick Soybutter Sandwich & Cheese Stick Includes: Carrots 1/2c Veggie Juice 4oz Fruit Cup 1/2c Whole Grain Dessert</p> 

Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

*Munchable contains RF cheese cubes, sunflower seeds, crackers, & munchie mix
This institution is an equal opportunity provider.

