

GAINESVILLE CITY SCHOOLS

GHS April 2017



Adult Breakfast: \$1.50
Adult Lunch: \$2.75
All Students Eat at No Cost
Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
Poptart and Cheesestick Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Manager's Choice Fruit 1/2c	Mini Pancakes & Syrup Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Tropical Fruit 1/2c	Ham Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Dutch Waffle Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Spiced Apples 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Cheeseburger Stuffed Cheese Sticks 2ea Marinara Sauce Dunk Cup Baked Beans 1/2c French Fries 3/4c Steamed Veggies 1/2c Applesauce 1/2c Fruit Choice 1/2c	Spicy Chicken Sandwich Red Rock Variety Pizza Tator Tots 12ea Carrot Sticks 1/2c Zesty Greens 1/2c Lettuce & Tomato 1c Fruit Juice 4oz Fresh Fruit 1ea	Beefy Macaroni & 2oz Roll Red Rock Variety Pizza Baked Sweet Potatoes 1/2c Cheesy Broccoli 1/2c Corn 1/2c Crispy Romaine Salad 1c Italian 1oz Fruit Cocktail 1/2c Fresh Fruit 1ea	Chicken Drumstick & 2oz Roll Red Rock Variety Pizza Green Beans 1/2c Whipped Potatoes 1c Spinach & Arugula Salad 1c Ranch 1oz Peaches 1/2c Fresh Fruit 1ea Whole Grain Dessert	Hotdog Red Rock Variety Pizza Baked Beans 1/2c Potato Wedges 3/4c Coleslaw 1/2c Carrot Sticks 1/2c Pineapple Tidbits 1/2c Fresh Fruit 1ea
17	18	19	20	21
Pancake 'n' Sausage on a Stick with Syrup Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	Mini French Toast Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Breakfast Pizza Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Sliced Apples 1/2c	Ham Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Cheeseburger Red Rock Variety Pizza Baked Beans 1/2c Carrot Sticks 1/2c French Fries 3/4c Lettuce & Tomato 1c Applesauce 1/2c Fresh Fruit 1ea	Chicken Sandwich Red Rock Variety Pizza Tator Tots 12ea Carrot Sticks 1/2c Zesty Greens 1/2c Lettuce & Tomato 1c Fruit Juice 4oz Fresh Fruit 1ea	Beefy Nachos & Sour Cream Red Rock Variety Pizza Salsa Dunk Cup Refried Beans 2/3c Corn 1/2c Shredded Lettuce & Tomato 1c Tropical Fruit 1/2c Fresh Fruit 1ea	Chicken Chunks (7) & 2oz Roll Red Rock Variety Pizza Green Beans 1/2c Whipped Potatoes 1c Cherry Tomatoes and Carrots 1/2c Farmer's Garden Salad 1c Ranch 1oz Peaches 1/2c Fresh Fruit 1ea	Asian Chicken and Rice with Egg Roll Red Rock Variety Pizza Steamed Broccoli 1/2c Steamed Cabbage 1/2c Crispy Romaine Salad 1c Ranch 1oz Mandarin Oranges 1/2c Fresh Fruit 1ea
24	25	26	27	28
French Toast Sticks & Syrup Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	Mini Waffles Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Tropical Fruit 1/2c	Turkey Sausage Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Nutrigrain Bar and Cheese Cubes Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Cheeseburger Hot Pocket- Turkey Pepperoni Onion Rings 5ea Baked Beans 1/2c Marinara Sauce Dunk Cup Veggie Dippers 1/2c Lettuce & Tomato 1c Applesauce 1/2c Fresh Fruit 1ea	Spicy Chicken Sandwich Red Rock Variety Pizza Tator Tots 12ea GA Grown Cherry Tomatoes 1/2c Zesty Greens 1/2c Lettuce & Tomato 1c Fruit Juice 4oz Fresh Fruit 1ea	Hotdog Red Rock Variety Pizza French Fries 3/4c Coleslaw 1/2c Baked Beans 1/2c Farmer's Garden Salad 1c Ranch 1oz Pineapple Tidbits 1/2c Fresh Fruit 1ea	Chicken Chunks (7) & 2oz Roll Red Rock Variety Pizza Corn 1/2c Green Beans 1/2c Whipped Potatoes 1c Peaches 1/2c Fresh Fruit 1ea	Grilled Chicken Sandwich Red Rock Variety Pizza Steamed Broccoli 1/2c French Fries 3/4c Carrot Sticks 1/2c Pineapple Tidbits 1/2c Fruit Choice Whole Grain Dessert

Weekly Entrée Salad Rotation

Monday	Tuesday	Wednesday	Thursday	Friday
Asian Chicken Salad with Egg Roll	Buffalo Chicken Salad with Flatbread	Chicken Chunk Salad with Roll	Breaded Chicken Salad with Crackers	Grilled Chicken Butter Lettuce and Fruit Salad with Flatbread

