

# GAINESVILLE CITY SCHOOLS

## Elementary March 2017

Adult Breakfast: \$1.50  
 Adult Lunch: \$2.75  
 All Students Eat at No Cost  
 Extra milk is \$0.35


Assorted fat-free or low-fat milk is offered at breakfast & lunch.  
 \*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	1	2 <b>Dr. Seuss' Birthday!</b>	3
<p><b>National School Breakfast Week</b>                      March 6<sup>th</sup>-10<sup>th</sup>, 2017</p> 		Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	 <p style="color: green;"><b>Green Eggs and Ham Biscuit</b></p> Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Maple Jammer & Sausage Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
6	7	8	9	10
<p><b>French Toast Sticks &amp; Syrup</b>                      Cereal with Grahams                      Cereal &amp; Cereal                      Fruit Juice 4oz                      Banana 1 ea</p>	<p><b>Mini Pancakes &amp; Syrup</b>                      Cereal with Grahams                      Cereal &amp; Cereal                      Fruit Juice 4oz                      Tropical Fruit 1/2c</p>	<p><b>Ham Biscuit</b>                      Cereal with Grahams                      Cereal &amp; Cereal                      Fresh Fruit 1 ea                      Pears 1/2c</p>	<p><b>Dutch Waffle</b>                      Cereal with Grahams                      Cereal &amp; Cereal                      Fruit Juice 4oz                      Spiced Apples 1/2c</p>	<b>Student Holiday</b>
Chicken Nuggets (5) and 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Collard Greens 1/2c Peaches 1/2c	Stuffed Mozzarella Breadsticks Marinara Dunk Cup PBJ & Popchips Corn on the cob 1/2c Zesty Spinach & Kale 1/2c Farmer's Garden Salad 1c Ranch 1oz Fruit Juice Slushy	Chicken Drumstick – 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Spinach & Arugula Salad 1c Ranch 1oz Applesauce 1/2c Whole grain dessert	Pepperoni Pizza PBJ & Cheese Stick Steamed Broccoli 1/2c Corn 1/2c Tossed Salad 1c Italian 1oz Fresh Fruit 1ea	
13	14	15	16	17
<p>Pancake 'n' Sausage- Syrup                      Cereal with Grahams                      Cereal &amp; Cereal                      Fruit Juice 4oz                      Banana 1 ea</p> 	<p>Mini French Toast                      Cereal with Grahams                      Cereal &amp; Cereal                      Fresh Fruit 1 ea                      Fruit Cocktail 1/2c</p>	<p>Chicken Biscuit                      Cereal with Grahams                      Cereal &amp; Cereal                      Fruit Juice 4oz                      Pears 1/2c</p>	<p>Breakfast Bun                      Cereal with Grahams                      Cereal &amp; Cereal                      Fresh Orange 1 ea                      Sliced Apples 1/2c</p>	<p>Poptart and Cheese Stick                      Cereal with Grahams                      Cereal &amp; Cereal                      Fruit Juice 4oz                      Strawberries 1/2c</p>
Asian Chicken Nuggets (5) Grilled Cheese & Yogurt Cheesy Broccoli 1/2c Carrot Sticks 1/2c Spring Mix Salad 1c Ranch 1oz Peaches 1/2c	Cheeseburger PBJ & Cheese Stick Baked Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Fruit Juice 4oz	Beefy Macaroni - 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Crispy Romaine Salad 1c Italian 1oz Applesauce 1/2c	Crunchy Chicken Taco & Sour Cream Salsa Dunk Cup PBJ & Cheese Stick Corn 1/2c Pinto Beans 1/2c Lettuce/Tomato 1c Fresh Fruit 1 ea	Chicken Sandwich Cheese Plate* Steamed Broccoli 1/2c Potato Smiles 6ea Carrot Sticks 1/2c Lettuce & Tomato 1c Mandarin Oranges 1/2c
				<p><b>St. Patrick's Day,</b>                      eat your greens! </p>

This institution is an equal opportunity provider.

\*Cheese Plate contains RF cheese cubes, soft pretzel, soy butter, crackers & apple slices..



20	21	22	23	24
Eggo Mini Waffles Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	French Toast Sticks & Syrup Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Tropical Fruit 1/2c	Turkey Sausage Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Muffin and Yogurt Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Chicken Nuggets (5) and 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Steamed Broccoli 1/2c Peaches 1/2c	Hot Pocket- Turkey Pepperoni Marinara Dunk Cup PBJ & Cheese Puffs Corn on the cob 1/2c Zesty Spinach & Kale 1/2c Farmer's Garden Salad 1c Ranch 1oz Fruit Juice 4oz	Hotdog and Cheese Puffs Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Carrot sticks 1/2c Crispy Romaine Salad 1c Ranch 1oz Applesauce 1/2c	Cheese Pizza PBJ & Popchips Steamed Broccoli 1/2c Corn 1/2c Tossed Salad 1c Italian 1oz Fresh Fruit 1 ea	Cheeseburger PBJ & Cheese Puffs Baked Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Pineapple Tidbits 1/2c
27	28	29	30	31 Lunch-to-Go 
Breakfast Bun Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea 	Breakfast Pizza Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Muffin Top and Yogurt Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Maple Jammer & Sausage Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Chilled Fruit 1/2c
Chicken Sandwich Cheese Plate* Steamed Broccoli 1/2c Potato Smiles 6ea Carrot Sticks 1/2c Lettuce & Tomato 1c Peaches 1/2c	Chicken Nachos & Sour Cream Salsa Dunk Cup PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce/Tomato 1c Fruit Juice 4oz	Spaghetti with 1oz Roll Grilled Cheese & Yogurt Cheesy Broccoli 1/2c Baked Sweet Potatoes or Soufflé 2/3c Manager's Choice Fruit	BBQ Pork Sandwich Grilled Cheese & Yogurt Green Beans 1/2c French Fries 1/2c Baked Beans 1/2c Mandarin Oranges 1/2	PBJ w/ Cheese Stick Lunch OR Soy Butter & Jelly w/ Cheese Stick Lunch <b>Includes:</b> Salsa Dunk Cup Tortilla Chips Veggie Juice 4oz Applesauce 1/2c Scooby-Doo Fruit Snacks

Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

## National School Breakfast Week March 6<sup>th</sup>-10<sup>th</sup>, 2017



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